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Chen Style 24 Fan Form

1. Preparing
2. Buddha's Warrior Pounds Mortar
3. Lazily Tying The Coat (Tuck the Robes)
4. Six Sealing & Four Closings
5. Single Whip
6. Forward Technique
7. Backward Technique
8. White Crane Spreads its Wings
9. Diagonal Posture (Walking Obliquely)
10. Lift & Withdraw
11. Cloud Hands
12. Covered Fist Punch
13. Elbow Hitting the Heart
14. Lotus Kick (Sweep with Leg)
15. Dragon Rolling Downward
16. Golden Rooster Stands on One Leg
17. Turn Over Flower & Brandish Sleeves
18. Turn Over the Ocean Waves
19. Double Jump Kick
20. Stamp Both Feet
21. Fair Lady Works the Shuttles
22. Double Cannon Fists
23. Buddha's Warrior Pounds Mortar
24. Closing